

Using a public bathroom- 10

Eating at a restaurant with a sanitization grade of less than \_\_\_\_ - 10

Opening a door without using a paper towel- 10

Riding in a friend's car that looks gross- 10

Sweating/smelling in public- 10

Eating at someone's house that is really gross- 10

Shaking someone's hand without using hand sanitizer afterwards- 9

Eating at a restaurant that has a good sanitation grade but doesn't look clean- 9

Not being able to do checklist before bedtime- 9

Cleaning surfaces before cooking- 9

Hugging someone that I do not know- 9

Not organizing food based on expiration date- 9

Pushing the button on the elevator without using a barrier- 8

Eating at someone's house that is in the middle (not too gross, not too clean)- 8

Not taking a shower after going # 2- 8

Using flatware that has not been re-washed- 8

Only taking 1 shower per day- 7

Opening a door using a paper towel- 5

Hugging someone that I know, but am not that close to- 4

Eating at a friend's house that is clean- 3

Taking 2 showers per day- 3

Using an umbrella or other barrier to push the elevator button- 3

Using flatware that has just been re-washed- 3

Hugging my mom/bf/someone close to me- 2

Taking 3 showers per day- 0